

2012 LAKE SONOMA 50

Entrants as of 3-13-12

Clare Abram	41	F	San Carlos	CA
Darcy Africa	37	F	Boulder	CO
Shahid Ali	26	M	Ashland	OR
Matt Anderson	53	M	Mountain View	CA
Megan Anderson	32	F	Folsom	CA
Barbara Ashe	63	F	Lotus	CA
Rose Asquith	52	F	Grass Valley	CA
Gavin Austin	35	M	San Francisco	CA
Sandy Baker	50	F	Foresthill	CA
Jeff Barbier	47	M	Rancho Cordova	CA
Dan Barger	46	M	Auburn	CA
Kim Barger	38	F	Auburn	CA
Alan Barichievich	44	M	South Lake Tahoe	CA
Mark Barichievich	47	M	Woodland	CA
Desiree Barnes	29	F	Ashland	OR
James Barstad	47	M	Elk Grove	CA
Ed Beci	41	M	Elk Grove	CA
JB Benna	33	M	Reno	NV
Todd Bertolone	49	M	Santa Rosa	CA
David Bieber	53	M	El Dorado	CA
Jennifer Blake	43	F	Auburn	CA
Kap'n Kirk Boisseree	54	M	Fremont	CA
Karen Bonnett	55	F	Sacramento	CA
Rory Bosio	27	F	Soda Springs	CA
Denise Bourassa	42	F	Bend	OR
Tina Bowers	56	F	Rancho Murieta	CA
Dylan Bowman	26	M	Aspen	CO
Ana Braga-Levaggi	52	F	Mill Valley	CA
Dave Brauti	46	M	Lake Oswego	OR
Jim Briner	45	M	Brentwood	CA
Jeff Browning	40	M	Bend	OR
Susan Brozik	45	F	Albuquerque	NM
Gretchen Brugman	38	F	Truckee	CA
Michaela Burgess	31	F	Citrus Heights	CA
Amy Burton	38	F	San Jose	CA
Adam Camarena	35	M	Reno	NV
Sandra Campos	36	F	San Francisco	CA
Monica Carrigg	51	F	Roseville	CA
Earl Chambers III	37	M	Tracy	CA
Jason Chan	36	M	Campbell	CA

Nick Clark	37	M	Fort Collins	CO
Jeff Collins	58	M	Vallejo	CA
Rich Conder	33	M	Suisun City	CA
Chris Conwell	35	M	Cool	CA
Greg Costanzo	53	M	Happy Valley	OR
Bill Cotton	49	M	Aptos	CA
Pierre-Yves Couteau	45	M	San Jose	CA
Pierre-Yves Couteau	45	M	San Jose	CA
Steve Crane	44	M	Tiburon	CA
Thomas Crawford	31	M	Monrovia	CA
Charlie Crissman	43	M	Seattle	WA
Skip Crockett	31	M	Sacramento	CA
Sarah Crosby-Helms	32	F	Seattle	WA
Dennis Curley	55	M	Auburn	CA
Kathy D'Onofrio	47	F	Truckee	CA
Brian Daly	39	M	Lafayette	CA
Alex Danner	54	M	Nevada City	CA
Anna Davis	36	F	Santa Fe	NM
Jon De St Paer	38	M	Mill Valley	CA
John Degregory	43	M	Calistoga	CA
Franz Dill	36	M	La Honda	CA
Brendan Donohoe	38	M	Fairfax	CA
Lisa Downey	48	F	Rancho Cordova	CA
Gary Dudley	59	M	Salinas	CA
Dana Duviervier	39	F	Ashland	OR
Peter Duyan	34	M	San Francisco	CA
John Edgcomb	53	M	Kentfield	CA
Kirk Edgerton	38	M	Cool	CA
Walter Edwards	36	M	Oakland	CA
Charles Ehm	42	M	San Anselmo	CA
Tamara Ellis	42	F	Ashland	OR
Wayne Farrar	64	M	Eureka	CA
John Feeney	52	M	West Sacramento	CA
Bradley Fenner	47	M	Tiburon	CA
Andrew Ferguson	47	M	Novato	CA
Sam Fiandaca	40	M	San Pablo	CA
Kyle Folks	35	M	Santa Barbara	CA
Lance Fong	51	M	Piedmont	CA
Mike Foote	28	M	Missoula	MT
Diane Forrest	50	F	Sacramento	CA
Matt Forsman	37	M	San Francisco	CA
Andrew Foster	28	M	Kelseyville	CA
Jimmy Dean Freeman	35	M	Los Angeles	CA
Mike French	43	M	Sacramento	CA

Mark Fuhriman	47	M	Orinda	CA
David Funk	45	M	Reno	NV
Chris Garcia	49	M	Menlo Park	CA
Colin Gardiner	25	M	San Francisco	CA
Florencia Gascon-Amyx	47	F	Mill Valley	CA
Jacklyn Gates	29	F	Berkeley	CA
Topher Gaylord	42	M	Kentfield	CA
Gary Gellin	43	M	Menlo Park	CA
Katherine Gifford	36	F	Sacramento	CA
Bob Gilbert	49	M	Davis	CA
J Russell Gill III	48	M	Charlottesville	VA
James Godfrey	55	M	Piedmont	CA
Trish Godtfredsen	39	F	Roseville	CA
Harris Goodman	46	M	Pleasanton	CA
Paul Gorman	43	M	Redwood City	CA
Eldrith Gosney	70	F	Fairfield	CA
Kenneth Gregorich	53	M	Castro Valley	CA
Sunny Grosso	37	F	San Francisco	CA
Jonathan Gunderson	34	M	San Francisco	CA
Ron Gutierrez	44	M	San Francisco	CA
Ryan Gwaltney	36	M	Central Point	OR
Darryl Haber	48	M	Brentwood	CA
Robert Halpenny	62	M	Sacramento	CA
Karen Hanke	50	F	Santa Rosa	CA
Roy Harju	43	M	Oakland	CA
Mark Hartell	47	M	Santa Barbara	CA
Mary Hays	63	F	Loomis	CA
Nancy Heard	57	F	Sacramento	CA
Jennifer Hemmen	40	F	Fair Oaks	CA
Marla Hendricks	57	F	Waco	TX
Michael Hernandez	58	M	Roseville	CA
Eric Herron	32	M	Ashland	OR
Buzz Higgins	68	M	Benicia	CA
Charles Hofacker	46	M	Carmichael	CA
Karyn Hoffman	49	F	Folsom	CA
Steve Holden	50	M	Meadow Vista	CA
Mark Holland	35	M	San Francisco	CA
Brian Holthausen	52	M	Los Angeles	CA
Ld Honeycutt	70	M	Novato	CA
Lance Hooper	41	M	Gold River	CA
Jim Hopkins	62	M	Newcastle	CA
Rob Houghton	55	M	Murphys	CA
Stephanie Howe	28	F	Bend	OR
Ed Hudson	51	M	Chico	CA

Bill Huggins	41	M	Seattle	WA
Travis Hutchinson	21	M	Billings	MT
Carrie Hyatt	39	F	Granite Bay	CA
Stephen Itano	53	M	Fairfield	CA
Melissa Johnson	36	F	Lincoln	CA
Tamara Johnson	47	F	Pleasant Hill	CA
Jeffery Johnston	47	M	Lincoln	CA
Charley Jones	40	M	Folsom	CA
Dakota Jones	21	M	Durango	CO
Randy Katz	31	M	San Francisco	CA
Molly Knox	38	F	Roseville	CA
Ted Knudsen	42	M	San Rafael	CA
Phil Kochik	33	M	Seattle	WA
Carly Koerner	30	F	Ashland	OR
Hal Koerner	36	M	Ashland	OR
Kim Kortz	47	F	Folsom	CA
Charles Kratochvil	59	M	Woodland	CA
Flora Krivak-Tetley	31	F	Na'alehu	HI
David La Duc	42	M	Oakland	CA
Bruce Labelle	56	M	Davis	CA
Scott Laberge	54	M	San Mateo	CA
Lupe Labourdett	52	F	Concord	CA
Jason Lachowsky	31	M	Saint Paul	MN
Tony Lafferty	51	M	Rocklin	CA
Greg Lanctot	43	M	Los Gatos	CA
Jeff Lang	44	M	Oakland	CA
Joel Lanz	39	M	San Francisco	CA
Jennifer Lopez-Bonilla	36	F	San Francisco	CA
George Lough	64	M	Hayward	CA
Jerome Lourme	51	M	Petaluma	CA
Scott Macintyre	35	M	San Francisco	CA
Dave Mackey	42	M	Novato	CA
Al Maestes	53	M	Reno	NV
Rob Mann	40	M	Prunedale	CA
Jorge Maravilla	34	M	Vallejo	CA
John Mark	59	M	Santa Cruz	CA
Jay Marsh	48	M	Cool	CA
Julian Martinez	50	M	Oakland	CA
Heather Mastrianni	41	F	Healdsburg	CA
Richard May	44	M	Ashland	OR
Martin McAuley	39	M	San Francisco	CA
Patrick McCloskey	45	M	Fort Bragg	CA
Roberta McGraw	50	F	Walnut Creek	CA
Annette Mensonides	41	F	Roseville	CA

David Messman	51	M	Walnut Creek	CA
Dianne Meyers	49	F	West Sacramento	CA
Wayne Miles	66	M	El Dorado	CA
Scott Mills	60	M	Oceanside	CA
Andrew Mitchell	44	M	Corte Madera	CA
Shawna Mitchell Sisler	32	F	Tiburon	CA
Kristin Moehl	34	F	Boulder	CO
Monica Moore	38	F	Roseville	CA
Justin Morejohn	30	M	Davis	CA
Debra Moss	55	F	Sacramento	CA
Tom Mowchan	43	M	Grass Valley	CA
Chris Muller	42	M	Huntington Beach	CA
Greg Nacco	52	M	Larkspur	CA
Nattu Natraj	48	M	Sacramento	CA
Mike Neal	50	M	San Francisco	CA
Sarah Neal	16	F	San Francisco	CA
Paula Newby-Fraser	49	F	Encinitas	CA
Mylinh Nguyen	53	F	Milpitas	CA
John Nichols	47	M	El Dorado Hills	CA
Jerry Nowak	50	M	Medford	OR
Betsy Nye	47	F	Truckee	CA
Lochlainn O' Shea	36	M	San Francisco	CA
James Oliphant	49	M	Corvallis	OR
Dan Olmstead	40	M	Eugene	OR
Jon Olsen	37	M	Modesto	CA
Timothy Olson	28	M	Ashland	OR
William Onate	36	M	Sacramento	CA
Gregory Pace	34	M	San Francisco	CA
John Painting	51	M	Sacramento	CA
Jady Palko	38	M	Windsor	CA
Leor Pantilat	27	M	San Carlos	CA
Deborah Paquin	52	F	Folsom	CA
Nettie Pardue	36	F	Richmond	CA
Chip Paterson	37	M	Portsmouth	NH
Jason Perez	27	M	Brentwood	CA
Janelle Perry	37	F	Portland	OR
Matthew Peterson	41	M	Slc	UT
Stefan Peterson	43	M	San Rafael	CA
Jennifer Pfeifer	40	F	El Dorado	CA
Jeff Pflueger	42	M	Richmond	CA
Chau Pham	58	M	Milpitas	CA
Karen Pierce	48	F	Colfax	CA
Mariano Pontillas	38	M	Sacramento	CA
Christopher Pratt	34	M	Angwin	CA

Holly Pyle	38	F	Denver	CO
Tim Quinn	65	M	Turlock	CA
Anil Rao	36	M	Santa Clara	CA
Susan Reed	42	F	Sherwood	OR
Joanna Reuland	25	F	San Francisco	CA
James Richards	54	M	Livermore	CA
Todd Richardson	40	M	Auburn	CA
Kelly Ridgway	53	F	Santa Rosa	CA
Tom Riley	51	M	Orinda	CA
Anthony Rink	16	M	Cloverdale	CA
Todd Ritola	44	M	Larkpur	CA
Ryan Rivera	36	M	Auburn	CA
Alex Roberson	44	M	Paradise	CA
Jon Robinson	33	M	Seattle	WA
Whitney Robinson	26	F	Charlottesville	VA
Maria Ronchelli	48	F	Santa Rosa	CA
Jerry Roninger	66	M	Fremont	CA
Paul Roosen	50	M	Alta	CA
Bill Rose	56	M	Loomis	CA
Travis Rose	46	M	Auburn	CA
Cyd Ross	25	F	Fort Bragg	CA
Tim Ruffino	49	M	Folsom	CA
George Ruiz	55	M	Carson City	NV
Zach Sachen	38	M	Park City	UT
Federico Sanchez	41	M	Saint Helena	CA
Juan Sanchez	43	M	St. Helena	CA
Hans Schmid	72	M	Greenbrae	CA
Matthew Schmidt	37	M	Tiburon	CA
Leigh Schmitt	39	M	Healdsburg	CA
Andrew Schooley	52	M	Citrus Heights	CA
Charles Sheya	48	M	Sacramento	CA
Matthew Siebert	31	M	Oakland	CA
Ken Sinclair	44	M	Bend	OR
Carrie Sisk	36	F	San Rafael	CA
Grant Sisler	35	M	Tiburon	CA
Bettie Smith	60	F	Cool	CA
John Souza	43	M	Modesto	CA
Craig Sowash	51	M	Newberg	OR
Laura Spain	44	F	Concord	CA
Caren Spore	44	F	Davis	CA
Brooke Stasiak	49	F	Los Altos	CA
Charles Stevens	55	M	Mountain View	CA
Tyler Stewart	33	F	Novato	CA
Paul Sweeney	46	M	Truckee	CA

Elizabeth Tenuto	32	F	Rancho Cordova	CA
Annie Tenwick	35	F	Santa Monica	CA
Darshan Thaker	37	M	Oakland	CA
Karen Thernka	44	F	Rocklin	CA
Allyson Thomas Conwell	31	F	Cool	CA
Craig Thornley	48	M	Eugene	OR
Stephen Tjonpiangi	57	M	Sacramento	CA
Mike Topper	52	M	Redwood City	CA
Eric Toschi	43	M	Pleasanton	CA
Jed Tukman	41	M	Greenbrae	CA
Judy Turney	45	F	Auburn	CA
Joe Uhan	34	M	Eugene	OR
Tina Ure	52	F	Mount Shasta	CA
Richard Valentine	65	M	Greenwood	CA
Alim Valiev	42	M	Sacramento	CA
Grae Van Hooser	51	M	Spanish Springs	NV
Geoff Vaughan	47	M	Corte Madera	CA
Joelle Vaught	37	F	Boise	ID
Mark Vegh	53	M	Redding	CA
Tony Verdon	32	M	San Francisco	CA
Marissa Walker	44	F	Berkeley	CA
Todd Walker	45	M	Amherst	MA
Gary Wang	44	M	Corte Madera	CA
Nancy Warren	45	F	Wilton	CA
Bill White	46	M	Oakland	CA
Kimberly White	41	F	Auburn	CA
Charles Wickersham	39	M	Modesto	CA
Tom Wilhelm	51	M	Napa	CA
Donald Wilkison	69	M	Georgetown	CA
David Williams	58	M	Herald	CA
Chuck Wilson	63	M	Palo Alto	CA
Eric Wilson	47	M	Oakland	CA
Nicholas Wilton	51	M	San Geronimo	CA
Monique Winkler	42	F	Mill Valley	CA
Ryan Wixom	38	M	Albuquerque	NM
Scott Wolfe	38	M	Bend	OR
Christopher Wolff	40	M	Petaluma	CA
Roxanne Woodhouse	49	F	Weaverville	CA
Karolina Wyszynska	34	F	Ashland	OR
Kuni Yamagata	59	M	Citrus Heights	CA
Nathan Yanko	30	M	San Francisco	CA
Kent Yinger	49	M	Santa Rosa	CA
Georgia Young	34	F	San Francisco	CA
Donn Zea	53	M	Grass Valley	CA

Aziz Zhari	49	M	Healdsburg	CA
Charles Zuckerman	44	M	San Francisco	CA